

**COLLECTIVE BARGAINING
AGREEMENT**

By and Between

SEYMOUR BOARD OF EDUCATION

and the



UPSEU

**UNITED PUBLIC SERVICE EMPLOYEES UNION
LOCAL 424-UNIT 93
SEYMOUR BOE SCHOOL NURSES**

July 1, 2022 to June 30, 2026

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ARTICLE 1 RECOGNITION

This Agreement, between the Seymour Board of Education (hereinafter called the "Board") and UPSEU Local 424, Unit 93 Seymour BOE Nurses, (hereinafter called the "UPSEU"), which the Board recognizes as the exclusive bargaining representative for all School Nurses (hereinafter "Nurses") in the Seymour Schools in accordance with Municipal Employee Relations Act under Case #ME-31,410.

ARTICLE 2 BOARD RIGHTS

The Board shall continue to retain its rights, powers and authorities so vested by law, unless specifically limited by the express provisions of this Agreement. Except where such rights, powers and authority are specifically relinquished, abridged or limited by the provisions of this Agreement, the Board has and will continue to retain, whether exercised or not, all of the rights, powers and authority, whether express or implied, heretofore had by it and, except where such rights, powers and authority are specifically relinquished, abridged or limited by the provisions of this Agreement, it shall have the sole and unquestioned right, responsibility and prerogative of the management of the affairs of the school and direction of the working force.

- a. **Enumerated Rights:** The exclusive functions and rights of the Board include, but are not restricted to, the right to establish or continue policies, practices and procedures for the conduct of Board business and, from time to time, to change or abolish such policies, practices or procedures; to direct the operation of the nurses in all aspects; to determine the methods and levels of financing and budget allocation; to determine and, from time-to-time, redetermine the number of nurses to be employed; to employ, promote, demote, transfer, layoff or otherwise relieve nurses from duty for lack of work or other legitimate reasons; to assign work; to determine shifts, work schedules and hours of work; to discipline, suspend and/or discharge nurses for just cause; to determine the procedures for promotions and transfers; to select and determine the qualifications of nurses; to select and employ new nurses; to determine job descriptions and job classifications; to create, enforce and, from time-to-time, change rules and regulations concerning discipline and the performance of work. Where any change in policy, past practice or procedure involves any impact on wages, hours or work conditions, the Board shall notify the Union and negotiate to the extent required by the Municipal Employees Relations Act.
- b. **Unenumerated Rights:** The listing of specific rights in Section (a) of this provision is not intended to be all inclusive, restrictive or a waiver of any rights of the Board not listed which have not been expressly and specifically surrendered

ARTICLE 3 UNION DUES/SERVICE FEES DUES CHECK-OFF

- a. UPSEU dues or service fees shall be deducted by the Board from the paycheck of each Nurse who signs and remits to the Board an authorization form. Such deduction shall be

discontinued upon written request of a Nurse filed with the Board fifteen (15) days in advance. UPSEU shall be notified within seven (7) business days.

- b. The Board shall provide the UPSEU Labor Representative the following information in writing within ten (10) days of the date of hire: 1. full name; 2. work classification; 3. work location/department; 4. pay rate; 5. work email address; 6. employee mailing address; 7. work telephone; 8. home address; and 9. hire date.
- c. The amount of dues or agency service fee deducted under this provision, together with a list of Nurses, shall be remitted to UPSEU in the month in which such deductions are made together with a list of Nurses and their addresses for whom any such deductions are made.
- d. The UPSEU shall indemnify the Board for any liability or damages incurred by the employer in compliance with these provisions.

ARTICLE 4 WORKYEAR

The work year shall be in accordance with the school year established for the Seymour School System. The work year may include additional in-service days for employees, for which the employees shall be provided advance notice. Nurses may be scheduled to work additional days immediately before or after the student school year. Each employee will be given at least two (2) weeks' advance notice of the date of his/her last workday of each school year.

ARTICLE 5 HOURS OF WORK

Section 1: The Nurse's normal workday shall be defined as fifteen (15) minutes before the normal start of the school day and ends fifteen (15) minutes after the normal school day, which currently provides for a seven (7) hour workday to include a one-half hour paid lunch period. The Board will maintain the right to modify the length of the school day and implement such modification at its discretion, but if such change results in a change in the seven (7) hour workday, the Board will negotiate the impact of such change with the Union, with the result of such negotiations to be applied retroactively to the time of implementation. In a school with more than one Nurse, the building administrator may stagger the start of the workday, based on the needs of the school, after consultation with the Nurses at that school.

Section 2: Nurses, as professionals, will remain in their schools long enough after classes are dismissed to fulfill their professional demands, which may include individual help to students.

Section 3: The normal employment year shall be defined as 188 days. Work beyond the normal employment year or day shall be paid at the nurses' regular hourly rate, except as provided in Section 5 below. Prior permission is required from the building administrator to work in excess of the regularly scheduled work year or day. In a school with more than one Nurse, the building administrator may stagger the start of the work year, based on the needs of the school after consultation with the nurses.

Section 4: Nurses' workdays will include a one-half (1/2) hour paid lunch period.

Section 5: Any member of the Union who is required to perform nursing duties before or after their regularly scheduled hours shall be paid at their regular hourly rate of pay up to 40 hours in any workweek. Any work beyond a Nurse's regularly scheduled hours must be approved by the building administrator. All work beyond 40 hours in any workweek shall be paid at one and one-half times the Nurse's regular hourly rate of pay.

ARTICLE 6 EMPLOYMENT

Section 1: Notice of Vacancies, New Positions and Transfers

Notice of bargaining unit vacancies and/or new positions shall be posted in all schools and on the district website for ten (10) workdays.

- a. Nurses who wish to apply for a vacancy or new position (additional nurse), or to transfer to another position, shall file a written statement of such desire with the Superintendent or his/her designee within the time limit provided.
- b. When a position becomes available, present nurses will be given the opportunity to apply for a transfer to the open position first before hiring from the outside to fill a vacant position.
- c. Where two or more nurses apply for the same position, the position shall be filled by the most senior nurse.

Section 2: Seniority

- a. A Seniority list will be created each year as of October 1st, with a copy provided to the Union President and UPSEU Representative no later than October 15th.
- b. Seniority is defined as the Nurse's continuing and uninterrupted length of service to the Board from the Nurse's most recent date of hire in the bargaining unit.
- c. Any objection to the seniority list shall be reported to the Superintendent within ten (10) workdays of the seniority list being provided to the Union President and UPSEU Representative. Absent a timely objection, the seniority list shall be considered approved by the Parties. Any bona fide errors will be remedied.

Section 3: Lay-off and Recall

- a. If the Board deems that layoffs are necessary, the least senior member of the bargaining unit shall be laid off first.
- b. The most senior of the Nurses shall be recalled first. Nurses shall have recall rights for eighteen (18) months from date of lay-off.
- c. Any Nurse being recalled from lay-off under this Section shall retain previous seniority.

- d. Notice of recall will be sent by certified mail and email to the last address provided to the Board by the Nurse.
- e. In the event a Nurse refuses to return to work when recalled or fails to respond to an offer of recall within ten (10) business days from the date of receipt of the notice of recall, his/her seniority will be considered lost and he/she will no longer be considered eligible for recall.

ARTICLE 7 COMPENSATION

Section 1: Pay Rate - All nurses will be paid for hours worked in accordance with the wage schedules contained in Appendix A, Wage Schedule.

Section 2: Pay Date and Direct Deposit to nurses shall be paid bi-weekly on Friday and shall be given an electronic copy of their bi-weekly payroll information. A payroll schedule will be provided to each Nurse by September 1st of each year. Nurses will receive their projected annual salaries and stipends in 26 approximately equal installments over the course of the year, with adjustments made in each pay period for any extra time worked as documented on the Nurses' timesheets.

The Board agrees to provide "Electronic Money Transfers" in the following capacities:

- a. It will be mandatory for all employees to request, in writing, for the Board to credit to such employee's account all salary and wages in any bank which has agreed to directly accept direct wage deposits.
- b. The Board will transmit monies to such agents of record each pay period.

ARTICLE 8 VACATION, HOLIDAY AND OTHER ABSENCES

Section 1: Sick Days

- a. Fifteen (15) days shall be allowed annually with full pay for absence due to illness of the employee, cumulative to one hundred fifty-five (155) workdays. Up to five (5) days of the fifteen (15) sick days per year may be used to provide care for the illness of a family member of the employee's household. During the first year of employment, new employees shall receive a pro-rated number of sick days, based on the number of months remaining in the work year following their first day of work.
- b. Sick days may not be used to lengthen vacations or holidays.
- c. If an employee's absence exceeds five (5) consecutive workdays, it shall be the responsibility of the employee to provide the Superintendent or his/her designee with a doctor's certificate verifying the medical need for the absence.

1. The Superintendent or his/her designee may request an acceptable medical certificate from an employee for any leave of any duration if absence from work occurs frequently, habitually, or in a pattern. In such case, the Superintendent/designee will provide the employee and the Union President with a written notice that the employee has been designated as a potential sick leave abuser.
2. When required to provide a medical certificate, the employee may provide a certificate from a doctor of his/her choosing, in which case the employee shall pay the cost. If the Superintendent requires a certificate from a doctor chosen by the Board, the Board shall pay the cost.

Section 2: Excused Absences

Five (5) days shall be allowed annually, with full pay, for personal business as defined in the excused absence form. Such days are in addition to sick days. Unused days cannot be accrued.

Section 3: Professional Days

Two (2) days shall be granted annually, with full pay, for attendance at professional conferences. Attendance must be approved by the Superintendent in advance, which shall not be unreasonably denied.

Section 4: Delayed Opening

On delayed opening days, nurses are expected to make every effort to report to work and shall suffer no loss of pay or leave time, if the Nurse reports for that day by the time school opens.

Section 5: Unplanned Early Dismissals and School Closings

- a. On unplanned early dismissal days, Nurses are expected to remain on duty until fifteen (15) minutes after students leave the school, except in cases of medical emergencies.
- b. On school closings for inclement weather and other emergency closings, nurses are not expected to report to work and shall suffer no loss of pay.

Section 6: Bereavement Leave

Employees shall be granted up to five (5) working days of leave immediately following a death in the household of the immediate family, specifically a spouse, significant other, child, parent, parent-in-law, sibling or stepchild. One (1) day will be provided for grandparents, aunts and uncles.

Section 7: Paid Holidays

- a. Nurses shall annually receive a full day's pay for the following holidays:

1. Thanksgiving
2. Christmas
3. New Year's Day
4. Martin Luther King Day
5. Memorial Day
6. Columbus Day

7. Presidents' Day
8. Good Friday
9. Election Day
10. Labor Day
11. Day after Thanksgiving

Members will receive Juneteenth as a paid holiday, in the event that the Board of Education ever votes to approve the day as a holiday for the District.

The Board agrees that payment for the holiday shall be included with the equalized wages paid throughout the year.

Section 8: Maternity Leave

Disabilities caused by pregnancy, miscarriage, childbirth, and recovery there from, shall be treated as temporary disabilities for all job-related purposes. Accumulated sick leave shall be available for use during periods of such disability. Pregnancy or childbirth shall not be the basis for termination of employment or compulsory resignation. The Board reserves the right to obtain proper medical certification regarding the beginning and termination of such leave and may require examination or consultation by the School Medical Officer. The Board will continue to pay its share of insurance costs during the period of disability.

Section 9: Child Rearing Leave

Employees shall be granted child rearing leave in accordance with the Family Medical Leave Act (FMLA).

Section 10: Jury Duty

Jury duty will be provided in accordance with State Statutes.

ARTICLE 9 FRINGE BENEFITS/CLOTHING

Section 1: Life Insurance

Nurses working 20 or more hours per week will be provided with group term life insurance coverage (subject to insurance carrier age restrictions) in the amount of \$25,000 with the full premium paid by the Board. Nurses will, at their own expense, be allowed to purchase up to an additional \$100,000 in coverage, if allowed by the insurance carrier, by authorizing a payroll deduction for payment of such additional premiums. This benefit will terminate upon the employee's cessation of employment with the Board.

Section 2: Health Insurance

A High Deductible Health Plan ("HDHP") with Health Savings Account ("HSA") Plan ("HDHP/HSA") for nurses and eligible dependents.

From the plan year beginning July 1, 2022 through June 30, 2023, the Board will provide a HDHP/HSA which shall have an annual deductible of \$2,000 individual and \$4,000 family for in-network and out-of-network services. Effective July 1, 2023, the deductibles shall thereafter increase to \$2,250 individual and \$4,500 family. The combined in-network out-of-pocket annual

maximum shall be \$5,000 individual and \$6,850 family coverage. The combined out-of-network out-of-pocket annual maximum shall be \$5,000 for individual coverage and \$10,000 for family coverage. Once the deductible is met, the plan will pay 100% for in-network services. Out-of-network services shall be subject to an 80%/20% coinsurance.

Prescription co-pays of \$5 for generic drugs, \$25 for listed brand name drugs, and \$40 for non-listed brand name drugs made after the annual deductible is satisfied will count towards the out-of-pocket maximum. A summary listing of benefits is provided in Appendix B.

A Health Savings Account (HSA) shall be established by the Board for each eligible Nurse who elects HDHP/HSA coverage. The Board shall annual, in July of each year, contribute by direct deposit to the Nurse's HSA (or HRA for active employees not eligible for an HSA) thirty percent (30%) of the in-network annual deductible.

The plan year for the HDHP/HSA plan shall be July 1st through June 30th.

The Board shall provide a Health Reimbursement Account (HRA) on the same terms as the Health Savings Account (HSA) for those Nurses not legally eligible for a HSA, with an unlimited roll on the HRA balance, not to exceed the total value of the HDHP deductible for that class of insurance.

The Board will provide the Flexible Dental Program to Nurses and eligible dependents, subject to the premium co-pays set forth below.

Eligible Employees will pay the following percentages of premium during this Agreement:

| | |
|-------------------------------|-------|
| July 1, 2022 to June 30, 2023 | 10.5% |
| July 1, 2023 to June 30, 2024 | 11.0% |
| July 1, 2024 to June 30, 2025 | 12.0% |
| July 1, 2025 to June 30, 2026 | 13.0% |

Section 125 Plan - Employee payments for premium costs shall be made through a payroll deduction, which will be done by the adoption of an Internal Revenue Code Section 125 pre-tax premium conversion account so that health insurance contributions may be made from pre-tax dollars.

Employees who waive health insurance coverage for the plan year, and do not receive alternate health insurance coverage through a family member who is employed by the District, shall be entitled to the followed annual payout:

Single - \$2,500

Family/Employee plus one - \$3,500

Section 3: Clothing and Shoe Allowance

The Board will provide an allowance of \$375 per school year (to be paid in a separate check upon submission of receipt) to each Nurse for uniforms, shoes and other employment related expenses.

Section 4: Professional Development

Each Nurse employed by the Board shall be reimbursed one hundred percent (100%) for maintaining membership in the National Association of School Nurses (NASN).

**ARTICLE 10
DISCIPLINE**

No Nurse will be disciplined without just cause and shall generally be progressive commensurate with the infraction.

**ARTICLE 11
RETIREMENT**

Eligible Nurses shall participate in Plan B of the Municipal Employee Retirement Fund (MERF).

**ARTICLE 12
GENERAL PROVISIONS**

Section 1:

It is understood that this Agreement is subject to, and shall operate within, the framework of the Statutes of the State of Connecticut.

Section 2: Copies of Agreement

The Board shall provide nurses access to an electronic copy of this Agreement.

Section 3: Personnel Records

The official personnel records of nurses shall be kept on file by the Central Office. Nurses may schedule an appointment with Central Office to review their own file no more than twice per year. Nurses may also request up to one (1) free copy of relevant documents. Requests for copies must identify specific documents to be copied.

Section 4: Transportation

Any Nurse who, as a condition of employment, is required to travel from his/her primary worksite to other locations within the Town, and in the course of doing so is required to use his/her motor vehicle, shall be compensated at the IRS allowed mileage rate.

**ARTICLE 13
GRIEVANCE PROCEDURE**

A grievance is hereby defined to be any dispute concerning the interpretation or application of any provision of this Agreement. All grievances must advise the Board of the specific provisions claimed to have been violated, of the nature of the grievance, and the remedy requested. The following steps are agreed to for formally settling properly established grievances. The time limits set forth may be extended only by mutual written agreement.

Level One- Building Principal - Nurses who have grievances are encouraged to attempt to work the matter out informally with their immediate supervisor and/or principal, with an UPSEU

Representative present, if desired by the Nurse(s). In the event the issue is not resolved, a written grievance shall be submitted within ten (10) business days of the date he/she first became aware of the issue. A written decision will be rendered within ten (10) business days.

Level Two - Superintendent - In the event that, such Nurse is not satisfied with the disposition of his/her grievance at Level One, or in the event that no decision has been rendered within five (5) business days after presentation of the written grievance at Level One, he/she may appeal the written grievance to the Superintendent within fifteen (15) business days after the decision at Level One, or fifteen (15) business days after the grievance was presented in writing at Level One, whichever is sooner.

The Superintendent shall represent the administration at this level of the grievance procedure. Within the five (5) business days after the receipt of the written grievance by the Superintendent, the Superintendent or his/her designee shall meet with the aggrieved Nurse and an UPSEU Representative, in an effort to resolve the grievance. A written decision will be rendered within ten (10) business days following such meeting.

Level Three- In the event that the Union is not satisfied with the disposition of the grievance at Level Two, or in the event no decision has been rendered within fifteen (15) business days of the Level Two meeting with the Superintendent, the Union may within fifteen (15) business days after a decision by the Superintendent or fifteen (15) business days after the Level Two meeting with the Superintendent, whichever is sooner, present a request in writing to the State Board of Mediation and Arbitration for arbitration. Either the Union or the Board can request the mediation services of the SBMA after the Union files an arbitration claim.

The total cost of the grievance arbitration shall be borne equally by the UPSEU and the Board.

The authority of the arbitrator(s) shall be limited to the terms and provisions of this Agreement and the question or questions submitted. The arbitrator(s) shall be bound by this Agreement and shall not have the power to add to, delete from, or modify in any way any of the provisions of this Agreement. The decision of the arbitrator(s) shall be final and binding on the parties in accordance with law.

ARTICLE 14 PROBATIONARY PERIOD

Except as otherwise specifically provided in this Agreement, the first sixty (60) workdays of employment of a Nurse shall constitute such Nurse's probationary period during which no layoff, suspension, discipline or discharge shall be construed as a violation of any of the provisions of this Agreement or cause for or subject to the grievance and arbitration procedure provided herein. In the event that a Nurse is absent from work during his/her probationary period, or for those days for which work is not scheduled, the Nurse's probationary period shall be extended for each day the Nurse was absent from work.

ARTICLE 15 NO STRIKE/NO LOCKOUT

UPSEU agrees it will not authorize, instigate, sanction or condone any strike, work stoppage, concerted refusal to render services or interference with the orderly operation of the Board at any time. Any Nurse who engages in such activity shall be subject to disciplinary action, up to and including discharge. The Board agrees that it shall not lockout its employees at any time.

ARTICLE 16 UNION MEETING ON SCHOOL PROPERTY

Upon approval of the Superintendent or his/her designee, after a request at least twenty-four (24) hours in advance, UPSEU may call meetings in each school before or after school or during the lunch period whenever necessary, provided such meetings do not conflict with other scheduled activities.

ARTICLE 17 SAVINGS CLAUSE

No agreement, alteration, understanding, variation, waiver or modification of any of the terms, conditions, or covenants contained herein shall be made by the Board, and in no case shall it be binding upon the Parties hereto, unless such agreement is made and executed in writing between the Parties hereto and the same has been ratified by the Union.

The waiver of any breach or condition of this Agreement by either Party shall not constitute a precedent in the future enforcement of all the terms and conditions herein.

In the event that any federal or State legislation, governmental regulations or court decisions cause invalidation of any Article or Section of the Agreement, all other Articles and Sections not so invalidated shall remain in full force and effect

ARTICLE 18 DURATION

The Agreement shall be binding upon the Board and the UPSEU for the period of four (4) years from the 1st day of July, 2022 to and including the 30th day of June, 2026, unless otherwise expressly stated to the contrary herein.

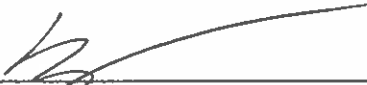
IN WITNESS WHEREOF, the parties hereto have set forth their hands on the date(s) indicated below.

FOR THE SEYMOUR BOARD
OF EDUCATION

By *C. G. J.*
Title *Board of Education Chairman*
Date: *10-8-2022*

FOR THE SCHOOL NURSES' UNION
UPSEU LOCAL 424, UNIT 93

By *Rubina Bennett*
Title *RD - District Head Nurse*
Date: *11-8-2022*

By 
Title KEVIN E BOYLE, UPSEU President
Date: 12-14-2022

APPENDIX A WAGE SCHEDULE

| | 2022-23 | 2023-24 | 2024-25 | 2025-26 |
|-----------------------------------|-----------------|-----------------|-----------------|-----------------|
| GW | 2.25% | 2.25% | 2.25% | 2.25% |
| Hourly Rate | \$42.81 | \$43.77 | \$44.77 | \$45.78 |
| Annual (approx.) | \$56,338 | \$57,601 | \$58,917 | \$60,246 |
| Annual (approx.) w/Holiday | \$59,634 | \$60,972 | \$62,365 | \$63,772 |

Hourly rate increases for the 2022-23 school year, will be effective and retroactive to July 1, 2022.

STIPENDS

| | <u>2022-23</u> | <u>2023-24</u> | <u>2024-25</u> | <u>2025-26</u> |
|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Head Nurse | \$7,000 | \$7,157.50 | \$7,318.54 | \$7,483.21 |
| High School Nurse | \$2,000 | \$2,045.00 | \$2,091.01 | \$2,138.06 |
| 8th Grade Trip | \$1,500 | \$1,533.75 | \$1,568.26 | \$1,603.55 |

APPENDIX B

Summary of Benefits and Coverage: What this **Plan** Covers & What You Pay for Covered Services **Coverage Period: 07/01/2022 - 06/30/2023**
Anthem® BlueCross and BlueShield **Coverage for Individual + Family | Plan Type: PPO + HSA**
Seymour Town and BOE, Anthem Century Preferred PPO HSA P3 CSV

| Important Questions | | Answers | Why This Matters |
|---|--|---|--|
| What is the overall deductible? | | \$2,000/person or \$4,000/family for In-Network Providers. \$2,000/person or \$4,000/family for Non-Network Providers. | Generally, you must pay all of the costs from yourself up to the deductible amount before this plan begins to pay. If you have other family members on the policy, the overall family deductible must be met before the plan begins to pay. |
| Are there services covered before you meet your deductible? | | Yes. Prescription Costs for In-Network Providers. Children's eye exam for In-Network Providers. | This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible. See a list of covered preventive services at https://www.anthem.com/go/coverage/preventive-services . |
| Are there other deductions for specific services? | | No. | You don't have to meet deductibles for specific services. |
| What is the out-of-pocket limit for this plan? | | \$5,000/person or \$6,850/family for In-Network Providers. \$5,000/person or \$10,000/family for Non-Network Providers. | The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, the overall family out-of-pocket limit must be met. |
| What is not included in the out-of-pocket limit ? | | Prescription, balance-billing charges, and health care this plan doesn't cover. | Even though you pay these expenses, they don't count toward the out-of-pocket limit . |
| Will you pay less if you use a network provider ? | | Yes, Century Preferred. See www.anthem.com or call (888) 224-4896 for a list of network providers . | This plan uses a provider network . You will pay less if you use a provider in the plan's network . You will pay the most if you use an out-of-network provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your out-of-network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services. |
| Do you need a referral ? | | No. | You can see the specialist you choose without a referral . |

CT/LG / Seymour Town and BOE, Anthem Century Preferred PPO HSA P3 CSV / 5/13/18-22

| to see a specialist? | | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|---|--|--|--|---|
| Common Medical Event | | In-Network Provider (You will pay the least) | Non-Network Provider (You will pay the most) | |
| If you visit a health care provider's office or clinic | Primary care visit to treat an injury or illness | 0% coinsurance | 20% coinsurance | Virtual visits (Telehealth) benefits available. |
| | Specialist visit | 0% coinsurance | 20% coinsurance | Virtual visits (Telehealth) benefits available. |
| | Preventive care/screening/immunization | No charge | 20% coinsurance | You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for. |
| If you have a test | Diagnostic test (x-ray, blood work) | 0% coinsurance | 20% coinsurance | Costs may vary by site of service. |
| | Imaging (CT/PET scan, MRIs) | 0% coinsurance | 20% coinsurance | Costs may vary by site of service. |
| | Tier 1 - Typically Generic | \$5/prescription (retail and home delivery) | 20% coinsurance (retail) and Not covered (home delivery) | |
| If you need drugs to treat your illness or condition. More information about prescription drug coverage is available at http://www.seymourschools.com/pharmacy | Tier 2 - Typically Preferred Brand | \$25/prescription (retail) and \$50/prescription (home delivery) | 20% coinsurance (retail) and Not covered (home delivery) | For more information, refer to "National Drug List" at http://www.seymourschools.com/pharmacy |
| | Tier 3 - Typically Non-Preferred Brand and Generic drugs | \$40/prescription (retail) and \$80/prescription (home delivery) | 20% coinsurance (retail) and Not covered (home delivery) | *See Prescription Drug section |
| | Facility fee (e.g., ambulatory surgery center) | 0% coinsurance | 20% coinsurance | -----0000----- |
| If you have outpatient surgery | Physician/surgeon fees | 0% coinsurance | 20% coinsurance | -----0000----- |
| | Emergency room care | 0% coinsurance | Covered as In-Network | -----0000----- |
| | Emergency medical transportation | 0% coinsurance | Covered as In-Network | -----0000----- |
| If you need immediate medical attention | Urgent care | 0% coinsurance | 20% coinsurance | -----0000----- |
| | Facility fee (e.g., hospital room) | 0% coinsurance | 20% coinsurance | 100 days/benefit period for Inpatient rehabilitation. |
| | Physician/surgeon fees | 0% coinsurance | 20% coinsurance | -----0000----- |

* For more information about limitations and exceptions, see plan or policy document at <https://www.seymourschools.com/medical>

| Common Medical Event | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|---|---|--|--|---|
| | | In-Network Provider (You will pay the least) | Non-Network Provider (You will pay the most) | |
| If you need mental health, behavioral health, or substance abuse services | Outpatient services | Office Visit 0% coinsurance Other Outpatient 0% coinsurance | Office Visit 20% coinsurance Other Outpatient 20% coinsurance | Office Visit Virtual visits (Telehealth) benefits available Other Outpatient -----0000----- |
| | Inpatient services | 0% coinsurance | 20% coinsurance | -----0000----- |
| | Office visits | No charge | 20% coinsurance | Cost sharing does not apply for perinatal services. Maternity case may include tests and services described elsewhere in the SBC (i.e. ultrasound). |
| If you are pregnant | Childbirth/delivery professional services | 0% coinsurance | 20% coinsurance | -----0000----- |
| | Childbirth/delivery facility services | 0% coinsurance | 20% coinsurance | Costs may vary by site of service. *See Therapy Services section. |
| | Postnatal health care | 0% coinsurance | 20% coinsurance | 120 days/benefit period for skilled nursing services. |
| | Rehabilitation services | 0% coinsurance | 20% coinsurance | *See Double Medical Payment Section |
| | Skilled nursing care | 0% coinsurance | 20% coinsurance | -----0000----- |
| If you need help recovering or have other special health needs | Double medical equipment | 0% coinsurance | 20% coinsurance | *See Vision Services section |
| | Hearing services | 0% coinsurance | 20% coinsurance | -----0000----- |
| | Children's eye exam | No charge | 20% coinsurance | |
| If your child needs dental or eye care | Children's glasses | Not covered | Not covered | |
| | Children's dental check-up | Not covered | Not covered | |
| Excluded Services & Other Covered Services | | | | |
| Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.) | | | | |
| <ul style="list-style-type: none"> • Cosmetic surgery • Dental Check-up • Routine foot care unless you have been diagnosed with diabetes | | | | |
| <ul style="list-style-type: none"> • Dental care (Adult) • Glasses for a child • Weight loss programs | | | | |
| Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.) | | | | |
| <ul style="list-style-type: none"> • Acupuncture • Hearing aids 1 item(s)/ear every 2 benefit periods | | | | |
| <ul style="list-style-type: none"> • Bariatric surgery • Infertility treatment • Routine eye care (Adult) 1 exam/benefit period | | | | |
| <ul style="list-style-type: none"> • Chiropractic case 100 visits/benefit period combined with all other therapies • Most coverage provided outside the United States. See www.bethlehemhealth.com | | | | |

* For more information about limitations and exceptions, see plan or policy document at <http://www.seymourschools.com/sectp/16>

- Private-duty nursing \$15,000 maximum/benefit period in a Home Setting only

Your Rights to Continue Coverage: These are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Connecticut Department of Insurance, 153 Market Street, 7th Floor, Hartford, CT 06103, (860) 297-3000, (800) 203-3447, Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, 1-877-267-2323 x61565, www.ctinfo.com/gov. Other coverage options may be available to you too, including buying individual insurance coverage through the [Health Insurance Marketplace](http://HealthInsuranceMarketplace). For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: These are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, [grievance](http://appeal, or a <a href=) for any reason to your plan. For more information about your rights, this notice, or assistance, contact

ATTN: Guarantees and Appeals, P.O. Box 1038, North Haven, CT 06473-4201

Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, 1-877-267-2323 x61565, www.ctinfo.com/gov

Connecticut Department of Insurance, 153 Market Street, 7th Floor, Hartford, CT 06103, (860) 297-3000, (800) 203-3447

Connecticut Office of Healthcare Advocate, P.O. Box 1543, Hartford, CT 06144, (866) 466-4446, www.ct.gov/cha, healthcareadvocate@ct.gov

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plan health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of **Minimum Essential Coverage**, you may not be eligible for the **premium tax credit**.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the **Minimum Value Standards**, you may be eligible for a **premium tax credit** to help you pay for a plan through the Marketplace.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

• For more information about limitations and exceptions, see plan or policy document at <https://www.seymourschools.com/employees/E>

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the **cost sharing amounts (deductibles, copayments and coinsurance) and excluded services** under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

| Peg is Having a Baby (9 months of non-covered prenatal care and a hospital delivery) | | Managing Joe's Type 2 Diabetes (a year of routine in-person care of a well-controlled condition) | | Mia's Simple Fracture (a non-work, non-injury recent visit and follow-up care) | |
|--|----------|--|---------|---|---------|
| ■ The plan's overall deductible | \$2,000 | ■ The plan's overall deductible | \$2,000 | ■ The plan's overall deductible | \$2,000 |
| ■ Specialist coinsurance | 0% | ■ Specialist coinsurance | 0% | ■ Specialist coinsurance | 0% |
| ■ Hospital (facility) coinsurance | 0% | ■ Hospital (facility) coinsurance | 0% | ■ Hospital (facility) coinsurance | 0% |
| ■ Other coinsurance | 0% | ■ Other coinsurance | 0% | ■ Other coinsurance | 0% |
| This EXAMPLE event includes services like: Specialty office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasound and blood work) Specialist visit (anesthesia) | | This EXAMPLE event includes services like: Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter) | | This EXAMPLE event includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy) | |
| Total Example Cost | \$12,700 | Total Example Cost | \$5,600 | Total Example Cost | \$2,800 |
| In this example, Peg would pay: | | In this example, Joe would pay: | | In this example, Mia would pay: | |
| Cost Sharing | | Cost Sharing | | Cost Sharing | |
| Deductible | \$2,000 | Deductible | \$2,000 | Deductible | \$2,000 |
| Copayments | \$10 | Copayments | \$700 | Copayments | \$0 |
| Coinsurance | \$0 | Coinsurance | \$0 | Coinsurance | \$0 |
| What isn't covered | | What isn't covered | | What isn't covered | |
| Limits or exclusions | \$60 | Limits or exclusions | \$20 | Limits or exclusions | \$0 |
| The total Peg would pay is | | The total Joe would pay is | | The total Mia would pay is | |
| \$2,070 | | \$2,720 | | \$2,000 | |

The plan would be responsible for the other costs of these EXAMPLE covered services.

Language Access Services:

French (Français): Si vous avez des questions sur ce document, vous avez la possibilité d'obtenir gratuitement à ces informations et à une aide dans votre langue. Pour parler à un interprète, appelez le (888) 224-4896.

German (Deutsch): Wenn Sie Fragen zu diesem Dokument haben, haben Sie Anspruch auf kostenfreie Hilfe und Information in Ihrer Sprache. Um mit einem Dolmetscher zu sprechen, bitte wählen Sie (888) 224-4896.

Greek (Ελληνικά): Αν έχετε τυχόν ερωτήσεις σχετικά με το παρόν έγγραφο, έχετε το δικαίωμα να λάβετε δωρεάν και πληροφορίες και βοήθεια στη δική σας γλώσσα. Για να μιλήσετε με κάποιον ερμηνέα, τηλεφωνήστε στο (888) 224-4896.

Gujarati (ગુજરાતી): જો આ દસ્તાવેજ અંગે આપને કોઈપણ પ્રશ્નો હોય તો, કોઈપણ ખર્ચ વગર આપની ભાષામાં મદદ અને માહિતી મેળવવાનો તમને અધિકાર છે. દુશ્પાશિયા સાથે વાત કરવા માટે, કોલ કરો (888) 224-4896.

Haitian Creole (Kreyòl Ayisyen): Si ou gen anpil kesyon sou dokiman sa a, ou gen dwa pou reveye ed ak enfòmasyon nan lang ou gwo. Pou pale ak you entèprèt, rele (888) 224-4896.

Hindi (हिंदी): अगर आपके पास इस दस्तावेज़ के बारे में कोई प्रश्न है, तो आपको नि:शुल्क अपनी भाषा में मदद और जानकारी प्राप्त करने का अधिकार है।
दुभाषित से बात करने के लिए, कॉल करें (888) 224-4896 ।

Hmong (White Hmong): Yog tas los koj mus los nrog dab tsu ntug txog daim ntawv no, koj mus cas tau txais kev pab thab los qhia hais ua los hom los yam txim xam tus xoj. Txhawm rau daim ntawg tus nrog txhais los, los xov tooj xam (888) 224-4896.

Igbo (Igbo): O bụrụ na ị nwere ajụjụ ọ bụla gbasara akwụkwọ a, ị nwere ike ịweta enyemaka na on n'asịrị gị na akwụgụ ụgwọ 0 bala. Ka gị na ọbaya ọkwa kwere okwu, kpọọ (888) 224-4896.

Indonesian (Bahasa Indonesia): Jika Anda memiliki pertanyaan mengenai dokumen ini, Anda memiliki hak untuk mendapatkan bantuan dan informasi dalam bahasa Anda tanpa biaya. Untuk berbicara dengan interpreter kami, hubungi (888) 224-4896.

Italian (Italiano): In caso di eventuali domande sul presente documento, ha il diritto di ricevere assistenza e informazioni nella sua lingua senza alcun costo aggiuntivo. Per parlare con un interprete, chiami il numero (888) 224-4896.

Japanese (日本語): この文書についてなにかご不明な点があれば、あなたにはあなとの言語で無料で支援を受け情報を得る権利があります。通訳と話すには (888) 224-4896 にお電話ください。

Language Access Services:

ឈ្មោះ (ឌីអ៊ី): បើអ្នកមានសំណួរច្បាស់ទៀតអំពីឯកសារនេះ អ្នកមានសិទ្ធិទទួលបានជំនួយផ្ទាល់មាត់ពីអ្នកដោយឥតគិតថ្លៃ។
ទំនាក់ទំនង: ទំនាក់ទំនងជាមួយអ្នកបកប្រែ សូមហៅ(888) 224-4896

Kirundi (Kirundi): Ugeze abazako icyo azako cose kuri ari umunyakazi, nibwo ubuho umunyakazi bwo kubwira abakurikira mu macyi. Umunyakazi umunyakazi, abaza (1888) 224-4896.

Korean (한국어): 본 문서에 대해 어떠한 문의사항이라도 있을 경우, 귀하에게는 귀하기 사용하는 언어로 무료 도움 정보를 얻을 권리가 있습니다. 통역사와 이야기하려면(888) 224-4896 드 문의하십시오.

1.50 (ພາສາລາວ): ຖ້າທ່ານມີອຳນາດໃຫ້ກຽມຈັດກັບອຸກາສານນີ້, ທ່ານມີວິທີໄດ້ຮັບຄວາມຊ່ວຍເຫຼືອ ແລະ ຂໍ້ມູນເປັນພາສາຂອງທ່ານໂດຍແລະອກໍາ
ເລືອກໄວ້ວິນັກບໍ່ວ່າແປພາສາ, ໃຫ້ເຫດ (888) 224-4896.

Navajo (Diné): Dii naaltsoos bi'ti 'igii t'ahgo b'ina 'k'it'it'adgo na bot'ónéedzi d'óó bee shóó' "I'ai mi n'izaa'd k'eh'í bee mi' hodoon'it' t'ad'oo b'ah' shing'óó."

Az. 'bahe 'igii b' b'ch' "had'eezd'it' shing'ago kol' bod'it'it' (385) 224-4896.

Nepali (नेपाली): यदि यो कागजातबारे तपाईंसँग केही प्रश्नहरू छन् भने, आफ्नो माथामा निःशुल्क सहयोग तथा जानकारी प्राप्त गर्न पाउने हृदय तपाईंसँग छ।
 नेपालीसँग कुरा गर्नका लागि, यहाँ कल गर्नहोस् (888) 224-4896

Oromoo (Oromiffaa): Sa'adii kanna wajjani walqabastu gaffi kaniyuu yoo qabduu tizatan, Ga'garraa sagachuu fi odeffanoo afaan ba'uu barfatu alla sagachuu miyya qabdee. Turjomanaa dirbaachuu, (888) 224-4896 ta'ibilla.

Pennsylvania Durch (Deutsch): Wann du Frage weres solle Document beschr, du beschr die Recht um Hilfe um Information zu frage in der Schproch mitens Koscht. Um mit en Inwesenetz zu schreibe, ruff (888) 224-4896 an.

Polish (polski): W przypadku niekolektywnych pytań związanych z niniejszym dokumentem masz prawo do bezpłatnego uzyskania pomocy oraz informacji o swoim sercu. Aby porozmawiać z tłumaczem, zadzwoni pod numer (888) 224-4896.

Portuguese (Portuguese): Se tiver quaisquer dúvidas acerca deste documento, tem o direito de solicitar ajuda e informações no seu idioma, sem qualquer custo. Para falar com um intérprete, ligue para (888) 224-4896.

Punjab (ਪੰਜਾਬੀ): ਜੇ ਦੁਹਾਡੇ ਇਸ ਦਸਤਾਵੇਜ਼ ਬਾਰੇ ਕੋਈ ਸਵਾਲ ਹੈ ਤਾਂ ਦੁਹਾਡੇ ਕੋਲ ਮੁੜਤ ਜ਼ੋਰ ਆਪਣੀ ਭਾਲ ਜ਼ੋਰ ਅਦਰ ਅਤੇ ਨਾਟਕਾਰੀ ਪ੍ਰਾਪਤ ਕਰਨ ਦਾ ਅਭਿਆਸ ਕਰੋ।
ਤੇ ਇਕ ਦੁਹਾਡੀਏ ਨਾਲ ਗੱਲ ਕਰਨ ਲਈ (888) 224-4896 ਤੇ ਸ਼ਾਨ ਕਰੋ।

Language Access Services:

It's important we treat you fairly

That's why we follow federal civil rights laws in our health programs and activities. We don't discriminate, exclude people, or treat them differently on the basis of race, color, national origin, sex, age or disability. For people with disabilities, we offer free aids and services. For people whose primary language isn't English, we offer free language assistance services through interpreters and other written languages. Interested in these services? Call the Member Services number on your ID card for help (TTY/TDD: 711). If you think we failed to offer these services or discriminated based on race, color, national origin, age, disability, or sex, you can file a complaint, also known as a grievance. You can file a complaint with our Compliance Coordinator in writing to Compliance Coordinator, P.O. Box 27401, Mail Drop VA2002-N160, Richmond, VA 23279. Or you can file a complaint with the U.S. Department of Health and Human Services, Office for Civil Rights at 200 Independence Avenue, SW; Room 509F, HHH Building, Washington, D.C. 20201 or by calling 1-800-368-1019 (TDD: 1-800-537-7697) or online at <https://www.hhs.gov/ocr/office/file/index.html> or <https://www.hhs.gov/ocr/office/foia/index.html>. Complaint forms are available at <https://www.hhs.gov/ocr/office/foia/index.html>.

Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services
 Anthem® BlueCross and BlueShield
 Seymour Town and BOE, Anthem Century Preferred PPO HSA FS CSV
 Coverage Period: 07/01/2023 - 06/30/2024
 Coverage for Individual + Family | Plan Type: PPO + HSA

| Important Questions | | Answers | Why This Matters |
|---|--|---|--|
| What is the overall deductible? | | \$2,250/person or \$4,500/family for In-Network Providers. \$2,250/person or \$4,500/family for Non-Network Providers. | Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the policy, the overall family deductible must be met before the plan begins to pay. |
| Are there services covered before you meet your deductible? | | Yes. Preventive Care for In-Network Providers. Children's eye exam for In-Network Providers. | This plan covers some items and services even if you haven't yet met the deductible amount. But a co-payment or coinsurance may apply. For example, this plan covers certain guarantee services without cost-sharing and before you meet your deductible. See a list of covered preventive services at https://www.bluemember.com/coverage/preventive-care-benefits/ . |
| Are there other deductibles for specific services? | | No. | You don't have to meet deductibles for specific services. |
| What is the out-of-pocket limit for this plan? | | \$5,000/person or \$6,850/family for In-Network Providers. \$5,000/person or \$10,000/family for Non-Network Providers. | The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, the overall family out-of-pocket limit must be met. |
| What is not included in the out-of-pocket limit? | | Premiums, balance-billing charges, and health care this plan doesn't cover. | Even though you pay these expenses, they don't count toward the out-of-pocket limit. |
| Will you pay less if you use a network provider? | | Yes, Century Preferred. See www.anthem.com or call (888) 224-4896 for a list of network providers. | This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services. |
| Do you need a referral? | | No. | You can see the specialist you choose without a referral. |

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, <https://www.anthem.com/seconds56>. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, co-payment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.bluemember.com/coverage/glossary/ or call (888) 224-4896 to request a copy.

to see a specialist?
All engagement and copayment costs shown in this chart are after your deductible has been met, if a deductible applies.

| Common Medical Event | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|---|--|--|--|---|
| | | In-Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | |
| If you visit a health care provider's office or clinic | Primary care visit to treat an injury or illness | 0% coinsurance | 20% coinsurance | Virtual visits (Telehealth) benefits available. |
| | Specialist visit | 0% coinsurance | 20% coinsurance | Virtual visits (Telehealth) benefits available. |
| | Preventive care / screening / immunization | No charge | 20% coinsurance | You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for. |
| If you have a test | Diagnostic test (x-ray, blood work) | 0% coinsurance | 20% coinsurance | Costs may vary by site of service. |
| | Imaging (CT/PET scans, MRIs) | 0% coinsurance | 20% coinsurance | Costs may vary by site of service. |
| | Tier 1 - Typically Generic | \$5/prescription (retail and home delivery) | 20% coinsurance (retail) and Not covered (home delivery) | |
| If you need drugs to treat your illness or condition. More information about prescription drug coverage is available at http://www.sebma.com/planinfo . | Tier 2 - Typically Preferred Brand | \$25/prescription (retail) and \$50/prescription (home delivery) | 20% coinsurance (retail) and Not covered (home delivery) | For more information, refer to "National Drug List" at http://www.sebma.com/planinfo . |
| | Tier 3 - Typically Non-Preferred Brand and Generic drugs | \$40/prescription (retail) and \$80/prescription (home delivery) | 20% coinsurance (retail) and Not covered (home delivery) | *See Prescription Drug section |
| If you have outpatient surgery | Facility fee (e.g., ambulatory surgery center) | 0% coinsurance | 20% coinsurance | ----- |
| | Physician / surgeon fees | 0% coinsurance | 20% coinsurance | ----- |
| | Prescription room care | 0% coinsurance | Covered as In-Network | ----- |
| If you need immediate medical attention | Emergency medical transportation | 0% coinsurance | Covered as In-Network | ----- |
| | Urgent care | 0% coinsurance | 20% coinsurance | ----- |
| | Facility fee (e.g., hospital room) | 0% coinsurance | 20% coinsurance | 100 days/benefit period for Inpatient rehabilitation. |
| If you have a hospital stay | Physician / surgeon fees | 0% coinsurance | 20% coinsurance | ----- |

* For more information about limitations and exceptions, see plan or policy document at <https://www.sebma.com/sebma/5>

| Common Medical Event | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|--|---|--|--|--|
| | | In-Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | |
| If you need mental health, behavioral health, or substance abuse services | Outpatient services | Office Visit 0% coinsurance Other Outpatient 0% coinsurance | Office Visit 20% coinsurance Other Outpatient 20% coinsurance | Office Visit Virtual visits (Telehealth) benefits available. Other Outpatient ----- ----- ----- |
| | Inpatient services | 0% coinsurance | 20% coinsurance | ----- ----- ----- |
| | Office visits | No charge | 20% coinsurance | Cost sharing does not apply for preventive services. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). |
| If you are pregnant | Childbirth/delivery professional services | 0% coinsurance | 20% coinsurance | ----- ----- ----- |
| | Childbirth/delivery facility services | 0% coinsurance | 20% coinsurance | ----- ----- ----- |
| | Home health care | 0% coinsurance | 20% coinsurance | ----- ----- ----- |
| | Rehabilitation services | 0% coinsurance | 20% coinsurance | Costs may vary by site of service. *See Therapy Services section. |
| | Skilled nursing care | 0% coinsurance | 20% coinsurance | 120 days/benefit period for skilled nursing services. |
| If you need help recovering or have other special health needs | Diagnostic medical equipment | 0% coinsurance | 20% coinsurance | *See Durable Medical Equipment Section |
| | Home care services | 0% coinsurance | 20% coinsurance | ----- ----- ----- |
| | Children's eye exam | No charge | 20% coinsurance | *See Vision Services section |
| | Children's glasses | Not covered | Not covered | ----- ----- ----- |
| | Children's dental check-up | Not covered | Not covered | ----- ----- ----- |
| Excluded Services & Other Covered Services | | | | |
| Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.) | | | | |
| <ul style="list-style-type: none"> • Cosmetic surgery • Dental Check-up • Routine foot care unless you have been diagnosed with diabetes • Dental care (Adult) • Glasses for a child • Weight loss programs • Dental care (Pediatric) • Long-term care | | | | |
| Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.) | | | | |
| <ul style="list-style-type: none"> • Acupuncture • Hearing aids 1 item(s)/ear every 2 benefit periods • Bariatric surgery • Infertility treatment • Routine eye care (Adult) 1 exam/benefit period • Chiropractic care 100 visits/benefit period combined with all other therapies • Most coverage provided outside the United States. See www.hugobolton.com | | | | |

* For more information about limitations and exceptions, see plan or policy document at <http://www.southarm.com/sectors/L6>

- Private-duty nursing \$15,000 maximum/benefit period in a Home Setting only

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Connecticut Department of Insurance, 153 Market Street, 7th Floor, Hartford, CT 06103, (860) 297-3000, (800) 203-3447, Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, 1-877-267-2323 x61565, www.ccoi.nm.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the [Health Insurance Marketplace](http://HealthInsuranceMarketplace). For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, [grievance](http://appeal, or a <a href=) for any reason to your plan. For more information about your rights, this notice, or assistance, contact

ATTN: Grievances and Appeals, P.O. Box 1038, North Haven, CT 06473-4201

Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, 1-877-267-2323 x61565, www.ccoi.nm.gov

Connecticut Department of Insurance, 153 Market Street, 7th Floor, Hartford, CT 06103, (860) 297-3000, (800) 203-3447

Connecticut Office of Healthcare Advocacy, P.O. Box 1543, Hartford, CT 06144, (866) 466-4446, www.ct.gov/cha, healthcare.advocacy@ct.gov

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health, insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of **Minimum Essential Coverage**, you may not be eligible for the **premium tax credit**.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the **Minimum Value Standards**, you may be eligible for a **premium tax credit** to help you pay for a plan through the Marketplace.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

- For more information about limitations and exceptions, see plans or policy document at <http://www.seymourschools.com/employees/5>

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the **sharing amounts (deductibles, copayments and coinsurance) and excluded services** under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

| <p>Peg is Having a Baby (9 months of prenatal care, one vaginal birth, one cesarean section, and a hospital delivery)</p> | <p>Managing Joe's Type 2 Diabetes (a year of routine check-ups, care of a well-controlled condition)</p> | <p>Mia's Simple Fracture (emergency care, pain management, and follow-up care)</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--|---|--|------------|---------|------------|------|-------------|-----|--------------------|--|----------------------|------|----------------------------|---------|---|--------------|--|------------|---------|------------|-------|-------------|-----|--------------------|--|----------------------|------|----------------------------|---------|--|--------------|--|------------|---------|------------|-----|-------------|-----|--------------------|--|----------------------|-----|----------------------------|---------|
| <ul style="list-style-type: none">■ The plan's overall deductible \$2,250■ Specialist coinsurance 0%■ Hospital (facility) coinsurance 0%■ Other coinsurance 0% | <ul style="list-style-type: none">■ The plan's overall deductible \$2,250■ Specialist coinsurance 0%■ Hospital (facility) coinsurance 0%■ Other coinsurance 0% | <ul style="list-style-type: none">■ The plan's overall deductible \$2,250■ Specialist coinsurance 0%■ Hospital (facility) coinsurance 0%■ Other coinsurance 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>This EXAMPLE event includes services like:</p> <ul style="list-style-type: none">Specialist office visits (prenatal care)Childbirth/Delivery Professional ServicesChildbirth/Delivery Facility ServicesDiagnostic tests (ultrasounds and blood work)Specialist visit (anesthesia) | <p>This EXAMPLE event includes services like:</p> <ul style="list-style-type: none">Primary care physician office visits (including disease education)Diagnostic tests (blood work)Prescription drugsDurable medical equipment (glucose meter) | <p>This EXAMPLE event includes services like:</p> <ul style="list-style-type: none">Emergency room care (including medical supplies)Diagnostic test (x-ray)Durable medical equipment (crutches)Rehabilitation services (physical therapy) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Example Cost \$12,700 | Total Example Cost \$5,600 | Total Example Cost \$2,800 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| In this example, Peg would pay: | In this example, Joe would pay: | In this example, Mia would pay: | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <table><tr><th colspan="2">Cost Sharing</th></tr><tr><td>Deductible</td><td>\$2,250</td></tr><tr><td>Copayments</td><td>\$10</td></tr><tr><td>Coinsurance</td><td>\$0</td></tr><tr><td colspan="2">What isn't covered</td></tr><tr><td>Limits or exclusions</td><td>\$60</td></tr><tr><td>The total Peg would pay is</td><td>\$2,320</td></tr></table> | Cost Sharing | | Deductible | \$2,250 | Copayments | \$10 | Coinsurance | \$0 | What isn't covered | | Limits or exclusions | \$60 | The total Peg would pay is | \$2,320 | <table><tr><th colspan="2">Cost Sharing</th></tr><tr><td>Deductible</td><td>\$2,250</td></tr><tr><td>Copayments</td><td>\$600</td></tr><tr><td>Coinsurance</td><td>\$0</td></tr><tr><td colspan="2">What isn't covered</td></tr><tr><td>Limits or exclusions</td><td>\$20</td></tr><tr><td>The total Joe would pay is</td><td>\$2,870</td></tr></table> | Cost Sharing | | Deductible | \$2,250 | Copayments | \$600 | Coinsurance | \$0 | What isn't covered | | Limits or exclusions | \$20 | The total Joe would pay is | \$2,870 | <table><tr><th colspan="2">Cost Sharing</th></tr><tr><td>Deductible</td><td>\$2,250</td></tr><tr><td>Copayments</td><td>\$0</td></tr><tr><td>Coinsurance</td><td>\$0</td></tr><tr><td colspan="2">What isn't covered</td></tr><tr><td>Limits or exclusions</td><td>\$0</td></tr><tr><td>The total Mia would pay is</td><td>\$2,250</td></tr></table> | Cost Sharing | | Deductible | \$2,250 | Copayments | \$0 | Coinsurance | \$0 | What isn't covered | | Limits or exclusions | \$0 | The total Mia would pay is | \$2,250 |
| Cost Sharing | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Deductible | \$2,250 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Copayments | \$10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Coinsurance | \$0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| What isn't covered | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Limits or exclusions | \$60 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| The total Peg would pay is | \$2,320 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cost Sharing | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Deductible | \$2,250 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Copayments | \$600 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Coinsurance | \$0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| What isn't covered | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Limits or exclusions | \$20 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| The total Joe would pay is | \$2,870 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cost Sharing | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Deductible | \$2,250 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Copayments | \$0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Coinsurance | \$0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| What isn't covered | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Limits or exclusions | \$0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| The total Mia would pay is | \$2,250 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

The plan would be responsible for the other costs of these EXAMPLE covered services.

Language Access Services:

(TTY/TDD: 711)

Albanian (Shqipëri): Nëse keni pyetje në lidhje me këtë dokument, keni të drejtë të merreni falas informacion në gjuhën tuaj. Për të kontaktuar ose që përkthehet, telefononi (888) 224-4896

Azerbaijani (Azərbaycan): Əgər sizə sualınız varsa, sizə bu sənədlə bağlı sualınıza cavab olaraq məlumatları pulsuz olaraq təqdim edə bilərik. Əlaqə üçün (888) 224-4896-a zəng vurun.

Arabic (العربية): إذا كان لديك أي أسئلة حول هذا المستند، فيمكنك الحصول على معلومات بلغتك مجانًا. للحصول على مزيد من المعلومات، اتصل بنا على (888) 224-4896.

Armenian (Հայերեն): Եթե այս փաստաթղթի հետ կապված հարցեր ունեք, դուք կարող եք անվճար ստանալ տեղեկություններ և անվճար թարգմանություններ ձեր լեզվով: Ցուցումների հետ խոսելու համար զանգահարեք հետևյալ հեռախոսահամարով (888) 224-4896:

Bassa (Bassajè Wòlò): M'nyi d'yi-die-die-die b'è b'èd'è b'è c'è-c'è-d'è m'è k'è d'yi m'è. ɔ m'è m'è d'yi-b'èd'è-d'è b'è b'è k'è b'è d'è m'è b'èd'è-w'èd'è-d'è b'è p'èd'è. B'è m'è k'è w'èd'è-z'èl'm-ny'è d'è g'èd'è w'èd'è k'è, d'è (888) 224-4896.

Bengali (বাংলা): যদি এই নথির সাথে যিহাৎ প্রশ্ন থাকে, তারলে আপনার ভাষায় বিবরণ সহজে পাওয়া যায় ও ভাষা পরিবর্তন অপেক্ষা ব্যয়হীন। প্রকৃত (পারসী) সাহা ক'বা প্রশ্ন জন্য (888) 224-4896 - (তৈ ক'বা ক'ব'না)

Burmese (မြန်မာ): ဤစာရွက်စာတမ်းနှင့် ပတ်သက်၍ သင့်တွင် မေးမြန်းလိုသည့်အရာများနှင့် အကူအညီကို အခမဲ့အဖြစ် ရယူရန်နှင့် သင့်ဘာသာစကားဖြင့် ရယူနိုင်ရန် သင့်တွင် နှိုင်းယှဉ် စကားပြန် တစ်ဦးနှင့် စကားပြန်ဝန် ၃ (888) 224-4896 သို့ ခေါ်ဆိုပါ။

Chinese (中文): 如果您對本文件有任何疑問，您有權使用您的語言免費獲得協助和資訊。如需與職員通話，請致電(888) 224-4896。

Dinka (Dinka): Na nong thierc ne ke de ya thore, ke ya nong long be ya kuony ku w'et aket be g'et ya n' ne thong du ke en w'et tasur ke pany. Te k'ar ya ba am wene an ye thok g'etac. ke ya cal (888) 224-4896.

Dutch (Nederlands): Bij vragen over dit document hebt u recht op hulp en informatie in uw taal zonder bijkomende kosten. Als u een tolk wilt spreken, belt u (888) 224-4896.

Farsi (فارسی): در صورتی که سؤالی، پرسش یا سوالی در مورد این سند دارید، این حق را دارید که اطلاعات و کمک را بدون هیچ هزینه ای به زبان مادریتان دریافت کنید. برای گفتگو با یک مترجم تماس بگیرید. (888) 224-4896

Language Access Services:

French (Français): Si vous avez des questions sur ce document, vous avez la possibilité d'obtenir gratuitement à ces informations et à une aide dans votre langue. Pour parler à un interprète, appelez le (888) 224-4896.

German (Deutsch): Wenn Sie Fragen zu diesem Dokument haben, haben Sie Anspruch auf kostenlose Hilfe und Information in Ihrer Sprache. Um mit einem Dolmetscher zu sprechen, bitte wählen Sie (888) 224-4896.

Greek (Ελληνικά): Αν έχετε τυχόν ερωτήσεις σχετικά με το παρόν έγγραφο, έχετε το δικαίωμα να λάβετε δωρεάν και πληροφορίες και πληροφορίες σχετικά με την παροχή υπηρεσιών. Για να μιλήσετε με κάποιον μεταφραστή, τηλεφωνήστε στο (888) 224-4896.

Gujarati (ગુજરાતી): જો આ દસ્તાવેજ અંગે આપને કોઈપણ પ્રશ્નો હોય તો, કોઈપણ ખર્ચ વગર આપની ભાષામાં મદદ અને માહિતી મેળવવાનો તમને અધિકાર છે. દુભાષિયા સાથે વાત કરવા માટે, કોલ કરો (888) 224-4896.

Haitian Creole (Kreyòl Ayisyen): Si ou gen moun pou kesyon sou dokiman sa a, ou gen dwa pou jwenn ed ak enfòmasyon nan lang ou pratik. Pou pale ak youn entèprèt, ale (888) 224-4896.

Hindi (हिंदी): अगर आपके पास इस दस्तावेज़ के बारे में कोई प्रश्न है, तो आपको नि:शुल्क अपनी भाषा में मदद और जानकारी प्राप्त करने का अधिकार है।
दुभाषित से बात करने के लिए, कौन करें (888) 224-4896 ।

Hmong (White Hmong): Yog tas koj nraaj lus nrog dab tau ntawg twog daim ntawv no, koj nraaj cas tau txias kev pab thiab lus qhia bass ua koj hoon lus yam tauv xam tus nqi. Tshajawv cas thiam nrog tus nroog tabas lus, hn xov tooj cas (888) 224-4896.

Igbo (Igbo): O bụrụ na ị nwere ajụjụ ọ bụla gbasara akwụkwọ a, ị nwere ike ịnweta anyanwa na on n'asụsụ gị na akwụkwọ egwurọ ọ bụla. Ka gị na ọbọwa okwu kwere okwu, kpọọ (888) 224-4896.

Idaho (Idaho): Nu addaan la shi anisaman a sabudsood panggep shi danyoy a dokumanto, adda karɗeangan a zamaka ti tubog kan impoosasyon babban ti langualhaan oga awan ti bayad na. Tapoo makantungtong ti marya oga tagutarna, a wagan ti (888) 224-4896.

Indonesian (Bahasa Indonesia): Jika Anda memiliki pertanyaan mengenai dokumen ini, Anda memiliki hak untuk mendapatkan bantuan dan informasi dalam bahasa Anda tanpa biaya. Untuk berbicara dengan interpreter kami, hubungi (888) 224-4896.

Italian (Italiano): In caso di eventuali domande sul presente documento, ha il diritto di ricevere assistenza e informazioni nella sua lingua senza alcun costo aggiuntivo. Per parlare con un interprete, chiami il numero (888) 224-4896.

Japanese (日本語): この文書についてなにかご不明な点があれば、あなたにはおたの言語で無料で支援を受け情報を得る権利があります。通訳と話すには (888) 224-4896 にお電話ください。

Language Access Services:

ឆ្នាំ១៩៩១ (ឆ្នាំ)៖ បើអ្នកមានលក្ខណៈជឿការវិវាទសារនេះ អ្នកមានសិទ្ធិទទួលបានឧបសគ្គនៃការសង្គ្រោះនាយកក្រសួង
 ទ្រព្យនៃគោលការណ៍សង្គ្រោះស្របតាមច្បាប់ ២២៤-៩៩៩

Kirundi (Kirundi): Ugiye abazuye aho zikoze kuri iyi nyubako, ugiye ubungurira bwo buvuka ubufasha mu nama yewe aya gashyamba. Kugera umunyabwami umaze kubura, akomeza kumwe n'ibindi bitanga ibyo byakozwe.

Excess (잔국어): 본 문서에 대해 어떠한 문의사항이라도 있을 경우, 귀하에게는 귀하가 사용하는 언어로 바로 도움과 정보를 얻을 권리가 있습니다. 통역사와 이야기하려면 (888) 224-4896로 문의하십시오.

Lao (ພາສາລາວ): ຖ້າທ່ານມີຄຳຖາມໃດໆກ່ຽວກັບອະກາສານີ, ທ່ານມີວິທີໄດ້ຮັບຄວາມຊ່ວຍເຫຼືອ ແລະ ຂໍ້ມູນເປັນພາສາຂອງທ່ານໂດຍປະສົບຄຳເນື້ອໃນໄວ້ມືນັ້ນກັບວ່າມີພາສາ, ໃຫ້ໂທຫາ (888) 224-4896.

[illegible]

Separability (नैपारी): यदि वो कायजातवाले तपाईंसीय केही प्रश्नहरू छन भने, आफ्नी भाषामा निःशुल्क सहयोग तथा जानकारी प्राप्त गर्न पाउने हक तपाईंसीय छ।
 दोषापेसैय करा गर्नका लागि, यहाँ कल गर्नहोस (888) 224-4896

Oreuno (Oromúña) Senedi kamaa wajum walqabaste guffi kamaayim yoo qabduu tannan. Gargaraa sagachuu fi oduffannoo afaan hawin baifafin alla sagachuu hinnaa cabdaa. Tururuma dibiichuuf (888) 224-4896 baillala.

Pennsylvania Durch (Deutsch): Wenn du Frage wer's selbe Document brecht, du bescht die Recht um Hilfe um Information zu gange in die Schreodt mitus Koacht um mit es freewette zu schrette, ruff (888) 224-4896 aa.

Polish (polski): W przypadku alchikotwów pytań związanych z naszymi dokumentami masz prawo do bezpłatnego uzyskania pomocy oraz informacji w swoim języku. Aby porozumieć z tłumaczem, zadzwoń pod numer (888) 224-4896.

Portuguese (Portuguese): Se tiver quaisquer dúvidas acerca deste documento, tem o direito de solicitar ajuda e informações no seu idioma, sem qualquer custo. Para falar com um intérprete, ligue para (866) 224-4896.

Punjabi (ਪੰਜਾਬੀ): ਜੇ ਤੁਹਾਡੇ ਇਸ ਦਸਤਾਵੇਜ਼ ਵਿਖੇ ਕੋਈ ਸਵਾਲ ਹੁੰਦਾ ਹੈ ਤਾਂ ਤੁਹਾਡੀ ਕੋਲ ਮੁੜਤ ਜ਼ੋਰ ਆਪਣੀ ਭਾਸ਼ਾ ਜ਼ੋਰ ਅਰਥ ਮਤਿ ਜਾਣਕਾਰੀ ਪ੍ਰਾਪਤ ਕਰਨ ਦਾ ਅਧਿਕਾਰ ਹੁੰਦਾ ਹੈ। ਇੱਕ ਦਫ਼ਤਰੀ ਨਾਲ ਗੱਲ ਕਰਨ ਲਈ (888) 224-4896 'ਤੇ ਕਾਲ ਕਰੋ।

Language Access Services:

Romanian (Roumania): Dacă aveți întrebări referitoare la acest document, aveți dreptul să primiți ajutor și informații în limba dumneavoastră în mod gratuit. Pentru a vă adresa unui interpret, contactați telefonic **(888) 224-4896**.

Русията (Russia): если у вас есть какие-либо вопросы в отношении данного документа, вы можете право на бесплатное получение помощи и информации на вашем языке. Чтобы связаться с нашим переводчиком, позвоните по тел. (888) 224-4896.

Samoem (Samoa): Afia e ma na co fa'aili e vasa i lasea tui, e sa loto 'ana e mava se fa'asoa'ana ma fa'amatalaga : loto loto gogana e amona ma se toto'ogi. Ina ni talenosa : se tatala fa'aila, viti (888) 224-4896.

Sveštan (Sagebi): Ukolikoimate bilo kakvih pitanja u vezi sa ovim dokumentom, imate pravo da dobijete pomoć i informacije na vašem jeziku bez ikakvih troškova. Za odgovor sa porudžbinom, pozovite (800) 224-4896.

Spendsh (Español): Si tiene preguntas acerca de este documento, tiene derecho a recibir ayuda e información en su idioma, sin costos. Para hablar con un intérprete, llame al (888) 274-6996.

Tagalog (Tagalog): Kung mayroon kang anumang katungkulan tungkol sa dokumentong ito, may kapusutan kang humingi ng tulong at impormasyon sa mga wikang mayroon bang hindi. Makiusap sa mga tagapaglingkod, tirahan ang (888) 224-4896.

Thank (ไทย): หากท่านมีคำถามใดๆ เกี่ยวกับเอกสารฉบับนี้ ท่านมีสิทธิ์ที่จะได้รับความช่วยเหลือและข้อมูลในภาษาของงานโดยไม่ค่าใช้จ่าย โดยโทร (888) 224-4896 เพื่อพูดคุยกับท่าน

Україніан (Українська): якщо у вас виникають запитання з приводу цього докменту, ви маєте право безкоштовно отримати допомогу й заборозначено мати право різноманітної Шкоб отримати послуги перекладача, каталіфонтіте за номером (888) 224-4896.

Urdu (اردو): اگر سر مستان کے بارے میں آپ کا کوئی سوال ہے، تو آپ کو مزید ایسی زبان میں معلومات حاصل کرنے کا حق حاصل ہے۔ کسی مضمون سے بات کرنے کے لیے۔
2294896 (886) پر کال کریں۔

Vietnamese (Tiếng Việt) Nếu quý vị có bất kỳ thắc mắc nào về tài liệu này, quý vị có quyền nhận sự trợ giúp và thông tin bằng ngôn ngữ của quý vị hoặc cần muốn chi. Để trao đổi với một thông dịch viên, hãy gọi (888) 224-4896.

אן איבערזעצער. 099 224-4896 (0888) אויב איר האט שאלות וועט דעם דאקומענט. האט איר די יענע צו באקומען דעם אינפא אפציע אין אייער שפראך. אויף קליין פרייז צו רעדן צו

Yoruba (Yorubá): **Ti o bá m'èrèkèrè ibèrè nipa àkòkòrò ná, o ní èyí lón gbà m'aròwó àn rarinín nù cde r'è j'ofèr. Bá wá ogbunfò kùn s'òfò, p'c (888) 224-6896.**

Language Access Services:

It's important we treat you fairly

That's why we follow federal civil rights laws in our health programs and activities. We don't discriminate, exclude people, or treat them differently on the basis of race, color, national origin, sex, age or disability. For people with disabilities, we offer free aids and services. For people whose primary language isn't English, we offer free language assistance services through interpreters and other written languages. Interested in these services? Call the Member Services number on your ID card for help (TTY/TDD: 711). If you think we failed to offer these services or discriminated based on race, color, national origin, age, disability, or sex, you can file a complaint, also known as a grievance. You can file a complaint with our Compliance Coordinator in writing to Compliance Coordinator, P.O. Box 27401, Mail Drop VA2002-N160, Richmond, VA 23279. Or you can file a complaint with the U.S. Department of Health and Human Services, Office for Civil Rights at 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, D.C. 20201 or by calling 1-800-368-1019 (TDD: 1-800-537-7697) or online at <https://www.hhs.gov/ocr/office/file/index.html> or <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>. Complaint forms are available at

APPENDIXC

Summary of Flex Dental Benefits Flexible Dental Plan

Summary of Benefits
Anthem Dental Essential Choice PPO

Seymour Town & Bee-Boe Plan
Anthem Blue Cross and Blue Shield Dental Complete Network



WELCOME TO YOUR DENTAL PLAN!

Regular dental checkups can help find early warning signs of certain health problems, which means you can get the care you need to get healthy. So, don't skimp on your dental care, good oral care can mean better overall health!

Powerful and easily accessible member tools.

- **Ask a Hygienist:** Dental members can simply email their dental questions to a team of licensed dental professionals who in turn will respond in about 24 hours.
- **Dental Health Risk Assessment:** We want our dental members to better understand their oral health and their risk factors for tooth decay, gum disease and oral cancer. This easy to use online tool can help them do this.
- **Dental Care Cost Estimator:** In order to help our dental member better understand the cost of their dental care, we offer access to a user-friendly, web-based tool that provides estimates on common dental procedures and treatments when using a network dentist.
- **Mobile Capabilities:** With our latest mobile application, members can find a network dentist as well as view their claims. Our application is available for both Android and Apple phones.

Dentists in your plan network.

- You'll save money when you visit a dentist in your plan network because Anthem and the dentist have agreed on pricing for covered services. Dentists who are not in your plan network have not agreed to pricing, and may bill you for the difference between what Anthem pays them and what the dentist usually charges.
- To find a dentist by name or location, go to anthem.com or call dental customer service at the number listed on the back of your ID card.

Ready to use your dental benefits?

- Choose a dentist from the network
- Make an appointment
- Show the office staff your member ID card
- Pay any deductible or copay that is part of your plan

Need to contact us?

See the back of your ID card for how to call, write or email us.

Your dental benefits at a glance

The following benefit summary outlines how your dental plan works and provides you with a quick reference of your dental plan benefits. For complete coverage details, please refer to your policy.

| | In-Network | Out-of-Network |
|--|-----------------------------|-----------------------------|
| Coverage Year | Contract Year | |
| Annual Benefit Maximum | | |
| • Per insured person | \$1,500 | \$1,500 |
| • Diagnostic & Preventive Services are applied to the Annual Benefit Maximum | | |
| Annual Maximum Carryover | No | No |
| Orthodontic Lifetime Benefit Maximum | | |
| • Per eligible child | \$1,000 | \$1,000 |
| Annual Deductible | | |
| • Per insured person | \$50 | \$50 |
| • Family maximum | 3x single member deductible | 3x single member deductible |
| Deductible Waived for Diagnostic/Preventive Services | Yes | Yes |
| Out-of-Network Reimbursement | 80th percentile | |

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| Dental Services | In-Network Anthem Pays | Out-of-Network Anthem Pays | Waiting Period |
|---|---------------------------|-------------------------------|-------------------|
| Diagnostic & Preventive Services <ul style="list-style-type: none"> Periodic dental exam <ul style="list-style-type: none"> Limited to two per 12 months Tooth cleaning (prophylaxis) <ul style="list-style-type: none"> Limited to two per 12 months; combined with periodontal maintenance Biting X-rays <ul style="list-style-type: none"> Limited to two sets per 12 months Full-mouth or Panoramic X-rays <ul style="list-style-type: none"> Limited to one per 36 months Fluoride application <ul style="list-style-type: none"> Limited to two per 12 months through age 18 Sealant application <ul style="list-style-type: none"> Limited to one per 60 months through age 18 | 100% coinsurance | 100% coinsurance | No waiting period |
| Basic (Restorative) Services <ul style="list-style-type: none"> Consultative (second opinion); only with X-rays and no other services <ul style="list-style-type: none"> Limited to one per 12 months Space maintainer insertion covered at Diagnostic/Preventive level <ul style="list-style-type: none"> Limited to one per tooth space per lifetime through age 18 Amalgam (silver-colored) filling <ul style="list-style-type: none"> Limited to one per tooth surface per 36 months Composite (tooth-colored) filling <ul style="list-style-type: none"> Limited to one per tooth surface per 36 months posterior (back) fillings not paid as an amalgam (silver-colored filling) Brush biopsy (cancer test) <ul style="list-style-type: none"> Limited to one per 12 months, all ages | 80% coinsurance | 80% coinsurance | No waiting period |
| Endodontics (Non-Surgical) <ul style="list-style-type: none"> Root Canal (permanent teeth only) <ul style="list-style-type: none"> Limited to one per tooth per lifetime | 80% coinsurance | 80% coinsurance | No waiting period |
| Endodontics (Surgical) <ul style="list-style-type: none"> Apicoectomy and apicalization <ul style="list-style-type: none"> Limited to one per tooth per lifetime; permanent teeth only | 80% coinsurance | 80% coinsurance | No waiting period |
| Periodontics (Non-Surgical) <ul style="list-style-type: none"> Periodontal maintenance <ul style="list-style-type: none"> Limited to four per 12 months; combined with tooth cleanings Scaling and root planning; when the tooth pocket has a depth of four millimeters or greater <ul style="list-style-type: none"> Limited to one per quadrant per 36 months | 80% coinsurance | 80% coinsurance | No waiting period |
| Periodontics (Surgical) <ul style="list-style-type: none"> Periodontal surgery (pockets, gingivectomy, graft procedures) <ul style="list-style-type: none"> Limited to one per quadrant per 36 months | 80% coinsurance | 80% coinsurance | No waiting period |
| Oral Surgery (Simple) <ul style="list-style-type: none"> Simple extraction <ul style="list-style-type: none"> Limited to one per tooth per lifetime | 80% coinsurance | 80% coinsurance | No waiting period |
| Oral Surgery (Complex) <ul style="list-style-type: none"> Surgical extraction <ul style="list-style-type: none"> Limited to one per tooth per lifetime | 80% coinsurance | 80% coinsurance | No waiting period |
| Major (Restorative) Services <ul style="list-style-type: none"> Crowns, onlays, veneers <ul style="list-style-type: none"> Limited to one per tooth per 60 months | 50% coinsurance | 50% coinsurance | No waiting period |
| Prosthodontics <ul style="list-style-type: none"> Dentures and bridges <ul style="list-style-type: none"> Limited to one per tooth/arch per 60 months Implant placement <ul style="list-style-type: none"> Not covered Implant prosthodontics <ul style="list-style-type: none"> Not covered | 50% coinsurance | 50% coinsurance | No waiting period |
| Repairs/Adjustments <ul style="list-style-type: none"> Crown, denture, and bridge repairs <ul style="list-style-type: none"> Limited to one per tooth per 12 months; not within 6 months of placement Denture and bridge adjustments <ul style="list-style-type: none"> Limited to two per tooth per 12 months; not within 6 months of placement | 80% coinsurance | 80% coinsurance | No waiting period |

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| Dental Services (continued) | In-Network Anthem Pays | Out-of-Network Anthem Pays | Waiting Period |
|---|---------------------------|-------------------------------|-------------------|
| Child Orthodontic Services • Through age 18 | 50% coinsurance | 50% coinsurance | No waiting period |
| Temporomandibular Joint Disorder (TMJ) • X-rays, splints, and surgical procedures including arthroscopy and orthotic devices • Not covered | Not covered | Not covered | Not covered |
| Cosmetic Teeth Whitening • Not covered | Not covered | Not covered | Not covered |

NOTE: Cosmetic benefits, such as teeth whitening, in an insurance policy may have income tax implications for both employer groups and plan members. For example, the dollar value of the cosmetic benefit may be considered part of an individual's taxable income. For more information concerning the tax ramifications of cosmetic insurance benefits, please consult a agent or tax advisor.

Additional Services and Programs

Anthem Whole Health Connection - Dental™

Included

- For members with certain health conditions, additional dental benefits are available without a deductible or waiting periods. Eligible services are paid at 100% and won't reduce your coverage year annual maximum (if applicable)

Accidental Dental Injury Benefit

Included

- Provides members 100% coverage for accidental injuries to teeth up to the coverage year annual maximum (if applicable). No deductibles, member coinsurance, or waiting periods apply

Extension of Benefits

Included

- Following termination of coverage, members are provided up to 60 days to complete treatment started prior to their termination of coverage under the plan and eligible services will be covered

International Emergency Dental Program

Included

- Provides emergency dental benefits while working or traveling abroad from licensed, English-speaking dentists. Eligible covered services will be paid 100% with no deductibles, member coinsurance, or waiting periods and won't reduce the member coverage year annual maximum (if applicable)

Additional Limitations & Exclusions

Below is a partial listing of non-covered services under your dental plan. Please see your policy for a full list.

Services provided before or after the term of this coverage - Services received before your effective date or after your coverage ends, unless otherwise specified in the dental plan certificate

Orthodontics (unless included as part of your dental plan benefits) including orthodontic braces, appliances and all related services

Cosmetic dentistry (unless included as part of your dental plan benefits) provided by dentists solely for the purpose of improving the appearance of the tooth when tooth structure and function are satisfactory and no pathologic conditions (cavities) exist

Drugs and medications including intravenous conscious sedation, IV sedation and general anesthesia when performed with non-surgical dental care

Analgesia, analgesic agents, and anxiolytic nitrous oxide, therapeutic drug injections, medicines or drugs for non-surgical or surgical dental care except that intravenous conscious sedation is eligible as a separate benefit when performed in conjunction with complex surgical services.

Waiting periods for endodontic, periodontic and oral surgery services may differ from other Basic Services or Major Services under the same dental plan. There is a 24 month waiting period for replacement of congenitally missing teeth or teeth extracted prior to coverage under this plan.

This is not a contract; it is a partial listing of benefits and services. All covered services are subject to the conditions, limitations, exclusions, terms and provisions of your policy. In the event of a discrepancy between the information in this summary and the policy, your policy will prevail.

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