



Parent University

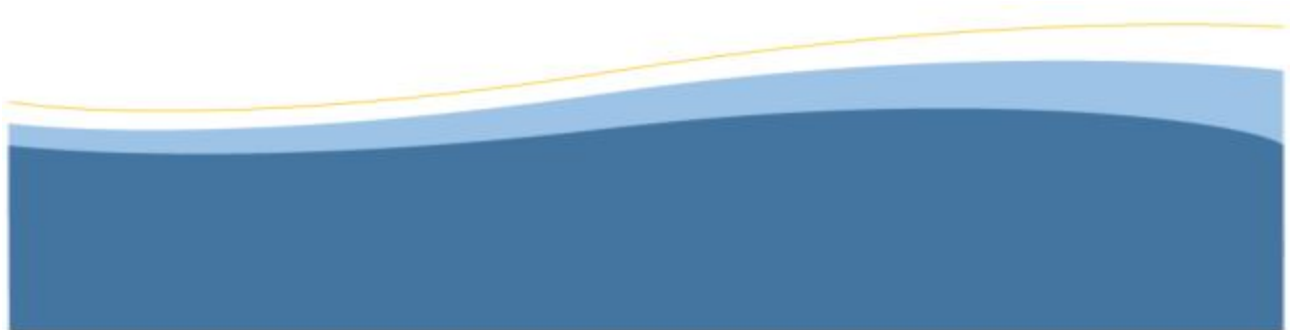
COURSE CATALOG

Participants may register through the [Online Registration Link](#) or by sending a completed registration form into school with their child (registration form can be found at the end of the course catalog).

March 26th, 2020, 6 to 8 p.m.

Bungay Elementary School

35 Bungay Road, Seymour, CT 06483



Session 1:

Title: Keeping Our Schools Safe

Description: What we do and what we have in place to keep your child's school a safe place! Parents will learn about things like: Who we are. School Security Procedures and Parent Expectations. Emergency Response Drills their child will practice and why we do them. What to do if there is an Emergency/Crisis at your child's school and reunification. Safety Programs.

Audience: Grades K-12 Parents

Presenter: Rich Kearns, Director of Security, Thomas Bennett and Kevin Pimpinelli, School Security Officers

Title: At Home Strategies to Motivate the Reluctant Writers

Description: Parents will learn strategies to help their child generate ideas, orally rehearse writing, and use model texts to get ideas.

Audience: Grades K-2 Parents

Presenter: Jaclyn Freddino, Second Grade Teacher

Title: Positive Behavioral Parenting Practices

Description: The purpose of the presentation is to review common behavioral management parenting practices with a focus on utilizing positive reinforcement. The audience should walk away with a better understanding of how to incorporate different types of positive reinforcement into their parenting without the need for other consequences like punishment. The book Common Sense Parenting will be referenced throughout the presentation.

Audience: Grades K-5 Parents

Presenter: Charles Kochan, Board Certified Behavior Analyst

Title: A Parent's Guide to an IEP

Description: An informal session designed to support parents in understanding the Individualized Education Program (IEP) document and Planning and Placement Team (PPT) process. Parents are invited to sit with members of our Special Education Team to better understand the important components within an IEP, to become a more informed and active member of their child's PPT meeting. This session will not address individual student concerns.

Audience: All Parents

Presenter: Dawn Black, Leslie Olson, and Jeannine Weaver, Special Education Teachers

Title: Retelling in the Primary Grades

Description: In this session participants will learn a valuable strategy to engage students in the books they are reading and ensure students comprehend each story. The presenters will discuss retelling comprehension strategies for students in grades K-2. Parents will leave with curriculum related rubrics and ideas for discussions and questions to use while reading with their child at home.

Audience: Grades K-2 Parents

Presenter: Carolyn Mucci, Language Arts Consultant and Kim Freeman, Reading SRBI

Title: Problem Solving 101: A Guide for Math Problems

Description: Parents will learn the systematic approach to solving real-world application problems used in class. This problem solving tool provides a way for students to go from understanding a problem to developing a plan that will lead them to a solution. Parents will have an opportunity to work together and solve problems in different ways, just as their children experience in class! Come have some fun solving math problems!

Audience: Upper Elementary Parents

Presenters: Mrs. Hein, Mrs. Botti, Mr. Cummings, Fourth Grade Teachers

Title: Kindergarten Math Strategies

Description: Come join our wonderful team of kindergarten teachers as they share a wide variety of math strategies parents can use to help their child at home. Parents will leave understanding when and how to apply each strategy to make their child feel successful and enjoy math.

Audience: Kindergarten Parents

Presenter: Gina Kindt, Stef Slie, June Tema, and Nicole Yustin, Kindergarten Teachers

Title: Fun with Reading

Description: Participants will learn about easy, fun at home games and activities they can play with their children to motivate them to read. They will be given the chance to make and take activities home with them.

Audience: Grades K-1 Parents

Presenter: Noelle Oberdick and Michelle Strumello, First Grade Teachers

Title: Primary Math Games

Description: Parents will be provided with age appropriate math games that are engaging and educational for their children- in hopes to practice skills taught at school, at home.

Audience: Grades 1-2 Parents

Presenter: Katie Furino and Megan Heinisch, First & Second Grade Teachers

Title: Mindfulness in the Home

Description: In this session parents will learn about the different tools and tricks they can use at home to help increase household mindfulness, communication, and ways to de-escalate when tensions rise.

Audience: Grades K-5 Parents

Presenter: Olethea Ouellette, School Counselor and Chloe Germain, School Psychologist

Title: The Seymour Public Library

Description: Where can you go to get free or nominal cost local museum passes? Looking for a great and FREE children's program, playgroup or craft? Would you or your kids love to listen to an engaging audio or ebook? The Seymour Public Library has it all. Participants will learn all about the services and programs offered at the Seymour Public Library. All attendees will also have the opportunity to sign up for a library card.

Audience: All Parents

Presenter: Ann Szaley, Director and Rebecca Troop, Collections/Children's Assistant Librarian

Title: Meeting the Needs of Gifted and High-Ability Children

Description: Gifted students and advanced learners have specific needs that parents and educators should be aware of so they can help these students reach their potential. This presentation is by Katie Augustyn, Past-President of the Connecticut Association for the Gifted, former Board Member of the National Association for Gifted Children, consultant on gifted education and parent of a gifted child. She will discuss the characteristics of gifted children, asynchronous development and why it is important to understand, and some resources that are available to help parents and educators.

Audience: Grades K-5 Parents

Presenter: Katie Augustyn, CT Association for the Gifted

Title: Cooking and Eating with Food Allergies and Restrictions Without Losing Your Mind

Description: Learn how to identify allergens in foods and in restaurants, find the best tasting substitutions, cook healthy, allergen-free foods that everyone in your family can enjoy, and save some money in the process.

Audience: All Ages - Parents of kids with food allergies, or those that have food allergies themselves

Presenter: Audra Weisel, Chef and Culinary Instructor

Title: Fundamentals of Food and Nutrition for Busy Families

Description: This presentation will provide an overview of key topics in nutrition that are relevant to families with school-age children: nutrition guidelines for children; what to look for on food labels; how to plan quick, healthy meals and snacks; and common misperceptions and controversies in nutrition.

Audience: All Parents

Presenter: Kim Doughty, MPH, PhD, Visiting Assistant Professor and Program Director, Public Health, Fairfield University

Title: Positive Parenting Tips for Health Child Development

Description: Being a parent is the most important job of your life and likely to be the most difficult. This presentation will help guide your child's healthy social and emotional development.

Audience: All Parents

Presenter: Michael Wynne, Community Engagement Specialist, BHcare

Session 2:

Title: Keeping Our Schools Safe

Description: What we do and what we have in place to keep your child's school a safe place! Parents will learn about things like: Who we are. School Security Procedures and Parent Expectations. Emergency Response Drills their child will practice and why we do them. What to do if there is an Emergency/Crisis at your child's school and reunification. Safety Programs.

Audience: Grades K-12 Parents

Presenter: Rich Kearns, Director of Security, Thomas Bennett and Kevin Pimpinelli, School Security Officers

Title: Math Games that Build Fact Fluency

Description: Parents will learn math games that will help their child become fast and accurate in the basic math facts. There will be a variety of games presented to help students develop a quick recall of addition, subtraction, multiplication, and division facts.

Audience: Grades K-5 Parents

Presenter: Kim Barton, Math SRBI and Angel McAuliffe, Third Grade Teacher

Title: Kindergarten Math Strategies

Description: Come join our wonderful team of kindergarten teachers as they share a wide variety of math strategies parents can use to help their child at home. Parents will leave understanding when and how to apply each strategy to make their child feel successful and enjoy math.

Audience: Kindergarten Parents

Presenter: Gina Kindt, Stef Slie, June Tema, and Nicole Yustin, Kindergarten Teachers

Title: The 2nd Grade Author

Description: Parents will be able to view writing samples and ask questions to troubleshoot current struggles for their writer. Parents will learn strategies to help their child succeed

Audience: Grade 2 Parents

Presenter: Jaclyn Freddino, Second Grade Teacher

Title: Movin' on Up! Everything you need to know about the 5th to 6th grade transition

Description: During this session, parents will be given an overview of what students need most in preparation for their transition from elementary school to middle school.

Audience: Grades 4-5 Parents

Presenter: Kathleen Freimuth, Assistant Principal, SMS, Kelley Garofalo and Harvey Catlin, SMS Teachers

Title: Retelling in the Primary Grades

Description: In this session participants will learn a valuable strategy to engage students in the books they are reading and ensure students comprehend each story. The presenters will discuss retelling comprehension strategies for students in grades K-2. Parents will leave with curriculum related rubrics and ideas for discussions and questions to use while reading with their child at home.

Audience: Grades K-2 Parents

Presenter: Carolyn Mucci, Language Arts Consultant and Kim Freeman, Reading SRBI

Title: Fun with Reading

Description: Participants will learn about easy, fun at home games and activities they can play with their children to motivate them to read. They will be given the chance to make and take activities home with them.

Audience: Grades K-1 Parents

Presenter: Noelle Oberdick and Michelle Strumello, First Grade Teachers

Title: Internet Safety for School Age Children, A Parent's Guide

Description: Based on information from the National Center for Missing and Exploited Children, the NetSmartz curriculum will be implemented during this session. Topics will include: Personal safety, Online Privacy, Recognizing Inappropriate Content, Safety & Security, and Sexting,

Audience: All Parents

Presenter: Tammy Villaluz, BSW, Special Programs Liaison in Griffin Hospital's Community Outreach & Parish Nurse dept.

Title: Mobile Crisis Services

Description: To provide information regarding mobile crisis services, when to use them, and what supports can be provided through their involvement.

Audience: All Parents

Presenter: Vianette Hernandez, LCSW - Co Program Manager for Mobile Crisis

Title: Cooking and Eating with Food Allergies and Restrictions Without Losing Your Mind

Description: Learn how to identify allergens in foods and in restaurants, find the best tasting substitutions, book healthy, allergen-free foods that everyone in your family can enjoy, and save some money in the process.

Audience: All Ages - Parents of kids with food allergies, or those that have food allergies themselves

Presenter: Audra Weisel, Chef and Culinary Instructor

Title: Youth and Family Preparedness

Description: NVHD's Director of Health will provide an overview of the health district's Public Health Emergency Preparedness Program, designed to ready the Valley for natural and man-made disasters. This session will also include tips for personal and family emergency preparedness, including youth and pet preparedness too! Learn how to engage with your children to talk about things like storm readiness, fire safety, and what to do in case of an emergency.

Audience: All Parents

Presenter: Jessica Stelmaszek, MPH, Naugatuck Valley Health District's Director of Health

Title: Positive Parenting Tips for Health Child Development

Description: Being a parent is the most important job of your life and likely to be the most difficult. This presentation will help guide your child's healthy social and emotional development.

Audience: All Parents

Presenter: Michael Wynne, Community Engagement Specialist, BHcare

Title: Picky Eaters & Problem Feeders

Description: Having a child with a limited repertoire of food can be stressful. This talk will review the differences between a picky eater and a problem feeder and will provide some practical strategies to implement at mealtime.

Audience: Parents of children birth to school age

Presenter: Haley Addis, M.S. CCC-SLP, Ph.D. Candidate and Nicole Daly, M.S. CF-SLP

Title: Meeting the Needs of Gifted and High-Ability Children

Description: Gifted students and advanced learners have specific needs that parents and educators should be aware of so they can help these students reach their potential. This presentation is by Katie Augustyn, Past-President of the Connecticut Association for the Gifted, former Board Member of the National Association for Gifted Children, consultant on gifted education and parent of a gifted child. She will discuss the characteristics of gifted children, asynchronous development and why it is important to understand, and some resources that are available to help parents and educators.

Audience: Grades 3-5 Parents

Presenter: Katie Augustyn, CT Association for the Gifted

Title: Community Engagement

Description: Volunteering, its impact to the project or nonprofit and to the volunteer. The difference it makes in the life of the volunteer is enormous.

Audience: All Parents

Presenter: Patricia C. Tarasovic, Vice President, Community Engagement Valley United Way

Session 3:

Title: Keeping Our Schools Safe

Description: What we do and what we have in place to keep your child's school a safe place! Parents will learn about things like: Who we are. School Security Procedures and Parent Expectations. Emergency Response Drills their child will practice and why we do them. What to do if there is an Emergency/Crisis at your child's school and reunification. Safety Programs.

Audience: Grades K-12 Parents

Presenter: Rich Kearns, Director of Security, Thomas Bennett and Kevin Pimpinelli, School Security Officers

Title: Student Expectations for K-2 Writing Workshop

Description: Parents will view student checklist and writing samples for grade levels. Parents will also be able to see a student progression in writing from grade level to grade level

Audience: Grades K-2 Parents

Presenter: Jaelyn Freddino, Second Grade Teacher

Title: Mindfulness in the Home

Description: In this session parents will learn about the different tools and tricks they can use at home to help increase household mindfulness, communication, and ways to de-escalate when tensions rise.

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Title: Meeting the Needs of Gifted and High-Ability Children

Description: It is important for parents and educators to recognize at an early age the needs of children who are advanced learners and possibly gifted, so they can better understand them and help them reach their potential. This presentation is by Katie Augustyn, Past-President of the Connecticut Association for the Gifted, former Board Member of the National Association for Gifted Children, consultant on gifted education and parent of a gifted child. She will discuss the characteristics of gifted and high-ability children, asynchronous development and why it is important to understand, and some resources that are available to help parents and educators.

Audience: Grades K-2 Parents

Presenter: Katie Augustyn, CT Association for the Gifted

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Please complete the form below if you are unable to register online. Online registration can be completed at <https://forms.gle/8dZrrRX6LQ6rnCch9> or through the Seymour Public Schools website.

Parent Name(s): _____

Parent Email: _____

Child's Name: _____ Grade Level: _____

HOPE Club is available to provide childcare for all children ages 4 and up who are currently enrolled in Seymour Public Schools. Please indicate below if you will be utilizing childcare through the HOPE Club for your child(ren).

___ Yes

___ No

Please select one workshop from each session and list your selection below for each of the sessions, one through three (see the course catalog above).

Session One Title: _____

Session Two Title: _____

Session Three: _____