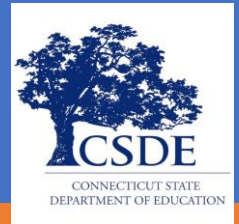


RETURN TO LEARNING PLAYLIST FOR STUDENTS AND FAMILIES



K-12

Watch the scheduled programs to learn and grow

CT Public Television

- [CT Public](#) Learn-At-Home provides broadcast learning resources daily. Click [World Channel Learn-At-Home](#) to view the daily schedule for the week of September 7, 2020
- Click into [CT Public Learning Snacks](#). Bite-sized resources for students, parents and teachers that make virtual learning in a hybrid or remote setting more effective

PK-12

Click into the Student Activities and Daily Plan

Wide Open School

[Wide Open School](#) provides a daily learning plan for all PK-12 Learners.

1. Click into [Wide Open School](#)
 2. Click Student Activities
 3. Click the grade level group that best meets your need (Preschool, K-2, 3-5, 6-8, 9-12)
- Explore the Daily Plan for structured activities beginning each morning with a warm- up and close each day with offline activities with the family
 - Engage in an area of curiosity, passion, strength or need by clicking on an individual tile
 - Parents can access the [Family & Teacher Center](#) for resources and activities to help children and families return to learning
 - Resources are available in Spanish by clicking [RECURSOS EN ESPAÑOL](#)

9-12

Enroll in the FREE Course offered by Yale University

Science of Well-Being Course – Yale University

Enroll in the FREE self-paced online course for CT students in grades 9-12 to increase personal happiness and build more productive habits to support their return to learning in the fall. Professor Dr. Laurie Santos provides learning sessions that help learners successfully incorporate a specific wellness activity into their life.

Sign up to access the FREE Science of Well Being Course through [Coursera](#). Users will need to create a unique username and password.

[Watch](#) to learn more about Dr. Santos and the Science of Well-Being Course.

REFLECT

Reflect on the following questions as you plan to return to learning

- What do you need from your teachers to support you?
- What do you want your teachers to know about you as a learner? Share how you learn best.
- What new skills have you learned that can help you be successful this school year?