REPORTING A POSITIVE CASE

IT IS IMPORTANT TO REPORT ALL CASES AS SOON AS POSSIBLE.

REBECCA BENNETT RN HEAD NURSE/BUNGAY: rbennett@seymourschools.org  
LINDSEY GRAILICH RN/SEYMOUR HIGH SCHOOL: lgrailich@seymourschools.org  
LISA REYNOLDS RN/SEYMOUR MIDDLE SCHOOL: lreynolds@seymourschools.org  
JENNY GODUTO RN/ROTATING NURSE: jgoduto@seymourschools.org

Positive individuals and household cases will be confirmed with NVHD, we will require proof of testing, and/or proof of vaccination.

FULLY VACCINATED

Fully vaccinated means 2 weeks after their second dose in a 2-dose series; Pfizer or Moderna vaccines, or 2 weeks after a single-dose vaccine, such as Johnson & Johnson

are exempt from close contact quarantines as long as the individual is asymptomatic but we would still like you to notify us.

Classroom Close Contact:

Student to Student Unvaccinated:
• Within 3 feet of case in classroom, masked or unmasked.
• Within 6 feet in the classroom, unmasked.

Teacher to student:
• Within 6 feet in the classroom, masked or unmasked.

School Close Contact:

This includes; Lunch room, Bus, Gym, Recess

Student to Student Unvaccinated: Within 6 feet, masked or unmasked.

The school district will allow an exit from quarantine placed on a student or staff after 10 days with...

✓ PCR testing sample taken no earlier than 7 days after last exposure.
✓ Negative PCR results with the individuals name and DOB are reported with either a hard copy, screenshot, fax, or photo of the negative result BEFORE the student or staff can return to in person.

When counting days Day 0 is the day an individual tests positive, an individuals last exposure date, OR the date an individual returns from travel.

For example:

<table>
<thead>
<tr>
<th>Positive test date 8/20/21 (Day 0)</th>
<th>Last exposure date 8/20/21 (Day 0)</th>
<th>Returned from International Travel date 8/20/21 (Day 0)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day 10 is 8/30/21</td>
<td>Day 7 testing date 8/27/21</td>
<td>Day 3 is 8/23/21</td>
</tr>
<tr>
<td>clear to return to school 8/31/21</td>
<td>Day 10 8/30</td>
<td>Day 7 is 8/27/21</td>
</tr>
<tr>
<td></td>
<td>Clear to return to school 8/31/21</td>
<td>Clear to return to school 8/28/21</td>
</tr>
<tr>
<td></td>
<td>UNVACCINATED</td>
<td>VACCINATED</td>
</tr>
<tr>
<td>---------------------------</td>
<td>-------------------------------------------------------------------------------</td>
<td>----------------------------------------------------------------------------</td>
</tr>
</tbody>
</table>
| Individual tests positive for COVID | Isolate for 10 days from your positive test date and must be symptom free.  
*You do not need a Negative Test to return to school. The CDC does NOT recommend to get retested if you already tested positive because data currently suggests that some individuals test persistently positive due to residual virus material but are unlikely to be infectious.* | Isolate for 10 days from your positive test date and must be symptom free.  
*You do not need a Negative Test to return to school. The CDC does NOT recommend to get retested if you already tested positive because data currently suggests that some individuals test persistently positive due to residual virus material but are unlikely to be infectious.* | Isolate for 10 days from your positive test date and must be symptom free.  
*You do not need a Negative Test to return to school. The CDC does NOT recommend to get retested if you already tested positive because data currently suggests that some individuals test persistently positive due to residual virus material but are unlikely to be infectious.* |
| Individual gets EXPOSED to a positive case | Must quarantine for 10 days and get tested on or after day 7 from their last exposure.  
*If you refuse to test you must quarantine for 14 days from your last exposure.* | Does NOT have to quarantine as long as they remain asymptomatic.  
Recommendations:  
- get tested 3-5 days after the date of the last exposure  
- Wear a mask in public indoor settings for 14 days after exposure or until a negative test result.  
***If you develop symptoms or test positive for COVID you must immediately self isolate and notify the COVID Liaison.*** | Does NOT have to quarantine as long as they remain asymptomatic.  
Recommendations:  
- get tested 3-5 days after the date of the last exposure  
- Wear a mask in public indoor settings for 14 days after exposure or until a negative test result.  
***If you develop symptoms or test positive for COVID you must immediately self isolate and notify the COVID Liaison.*** |
| Individual gets EXPOSED to a positive case within their home | Must quarantine for 10 days and get tested on or after day 7 from their **LAST** exposure.  
*If you refuse to test you must quarantine for 14 days from your last exposure.*  
*If the positive case within the home is not able to isolate the individuals LAST exposure date is the positive’s case last day of isolation. Which means the individual will be in quarantine for 20 days from the positive test date and will get tested on or after day 17. If you refuse to test you have to quarantine for 24 days from the positive test date.* | Does NOT have to quarantine as long as they remain asymptomatic.  
Recommendations:  
- get tested 3-5 days after the date of the last exposure.  
- Wear a mask in public indoor settings for 14 days after exposure or until a negative test result.  
***If you develop symptoms or test positive for COVID you must immediately self isolate and notify the COVID Liaison.*** | Does NOT have to quarantine as long as they remain asymptomatic.  
Recommendations:  
- get tested 3-5 days after the date of the last exposure.  
- Wear a mask in public indoor settings for 14 days after exposure or until a negative test result.  
***If you develop symptoms or test positive for COVID you must immediately self isolate and notify the COVID Liaison.*** |
# SEYMOUR SCHOOL DISTRICT ALONG WITH NVHD COVID GUIDELINES

## Travel Guidelines

<table>
<thead>
<tr>
<th></th>
<th>UNVACCINATED</th>
<th>VACCINATED</th>
<th>Previously tested positive for COVID (within 90 days &amp; Proof of result)</th>
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</thead>
<tbody>
<tr>
<td><strong>DOMESTIC TRAVEL</strong></td>
<td>Any individual that has traveled for 3 consecutive days (school day &amp; weekends) must test within 48 hours prior to their return to school.</td>
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<td><strong>INTERNATIONAL TRAVEL</strong></td>
<td>Any individual that has traveled internationally will test 3-5 days after international travel AND self-quarantine at home for a full 7 days after travel even if your test is negative.</td>
<td>Any individual that has traveled internationally will test 3-5 days after international travel. You do <strong>NOT</strong> have to quarantine.<em><strong>Please quarantine until we get your test results.</strong></em></td>
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## Return to School After Absence

Any absence of **three consecutive school days or more** (i.e. Monday, Tuesday, Wednesday, OR Friday, Monday, Tuesday, OR Thursday, Friday, Monday, etc.), **regardless of reason or vaccination status**, will require a negative PCR test done within 24 hours OR medical note stating a clearance to return to school.

### Sports

**Unvaccinated Close Contacts**: Follow exposure to positive case quarantine guidelines listed.

**Vaccinated Close Contacts**: No quarantine, test recommended three days from exposure.

**Positive Cases, Regardless of Vaccination Status**: 10 days isolation from test, a doctor’s clearance must be sent to the athletic director to return to play.